

Selsko Shopsko

(Selsko Shopsko Horo za Poyas)

Bulgaria

This is a dance for both men and women from the village of Bozhourishte (Shopluk region, Central West Bulgaria). The dance is performed with instrumental accompaniment, which is not one particular melody; it may or may not include voice. The dance pattern includes one main figure.

Pronunciation: SEHL-skoh SHOHP-skoh

Music: *Ima! Nema!* CD (*There is! There is not!*) Old, New, Borrowed and Blue. Band 3.

From Bulgaria and Beyond CD. Band 13.

Formation: Open circle; belt hold, facing ctr.

2/4 meter

Steps & Styling: Feet parallel.

Meas

Pattern

16 meas INTRODUCTION *Ima! Nema!* CD Band 3.

16 meas *From Bulgaria and Beyond* CD. Band 13.

I. FIGURE I

- 1 Step on R ft to the right (ct 1); step on L behind the R ft (ct 2).
- 2 Repeat meas 1.
- 3 Step on R (ct 1); hop on R ft, face LOD (ct 2).
- 4 Step on L, face LOD (ct 1); step on R (ct &); step on L (ct 2).
- 5 Step on R, face ctr (ct 1); step on L in place (ct &); step on R in place (ct 2).
- 6 Step on L to the left (ct 1); step on R in front the L ft (ct 2).
- 7 Step on L to the left (ct 1); step on R behind the L ft (ct 2).
- 8 Step on L bkwd, facing ctr (ct 1); hop on L (ct 2).
- 9 Step on R in place (ct 1); step on L in place (ct &); step on R in place (ct 2).
- 10 Step on L in place (ct 1); step on R (ct &); step on L (ct 2).

Presented by Daniela Ivanova