

**SYRTOS PYLEAS (or KATO ST'ALONIA)**  
Greek Macedonia

Translation: Syrτος from the village of Pylea or Kapoutzides; or Down by the Threshing Floor (the name of the tune).

Rhythm; 7/8

Record: Folkraft LP-3 (1:52).

Starting Position: "V" position. Right foot free.

Measure

VARIATION I - Basic

- 1 Facing slightly and moving right, STEP FORWARD on RIGHT foot (counts 1-2-3), ROCK BACK on ball of LEFT foot in place (counts 4-5), ROCK FORWARD on RIGHT foot in place (counts 6-7).
  - 2 REPEAT pattern of measure 1 reversing footwork.
  - 3 Turning to face center and raising hands above head, STEP SIDEWARD RIGHT on right foot (counts 1-2-3), pumping hands up on 1 and down on 3. CROSS AND STEP on ball of LEFT foot behind right, turning head to look at own left hand and pumping hands higher (counts 4-5), STEP on RIGHT foot IN PLACE and pumping hands back down to shoulder height (counts 6-7).
  - 4 Repeat pattern of meas 3 reversing direction and footwork.
- 5-12 REPEAT pattern of measures 1-4 twice (three times in all)  
13-14 REPEAT pattern of measures 3-4.

Kato st' alonia (Translation)

Down by the threshing floor,  
and the stone threshing floor,  
Off went the king to Gatzida\*  
together with his son, together with his son.  
In the upper neighborhood  
ring out drums and violins,  
Ring out drums and violins  
for the bride to dance with the mother-  
in-law.  
The oven is hot, it's hot,  
it's hot and glowing  
For us to bake the wedding cakes

for the bride to eat with the mother-in-law.  
Three clusters  
on one vine,  
Three clusters on one vine,  
the Virgin be witness, the Virgin be witness.

•"an old name for the town of Pylea.

