## Čukanoto

(Bulgaria)

A slow Bulgarian pravo, arranged for this music. The name derives from the Bulgarian word for "stamp."

Pronunciation:	CHOO-kah-noh-toh
Music:	6/4 meter
Formation:	Open circle; hold hands in low ("V") position
Steps & Styling	Smooth and gentle

Meas 2/4 meter

Pattern

INTRODUCTION. No action.

- I. <u>BASIC STEP PRAVO</u>
- 1 Facing diag R and moving R: Step on R ft (1), step on L ft (2), step on R ft, bending knee slightly (3-4), step on L ft, bending knee slightly (5-6).
- Facing diag R and dancing in place: step on R ft (1), stamp L ft next to R, no wt (2), turning to face diag L and dancing in place: step on L ft to L (3), stamp R ft next to L (4), stamp R ft fwd (5), rest (6).
- 3-4 Repeat meas 1 &2.
- 5 Repeat meas 1 facing and moving twd ctr
- 6 Repeat meas 2
- 7 Repeat meas 1, facing ctr and moving bkwds away from ctr
- 8 Repeat meas 2
  - II. FIRST BREAK SHORT
- 9 Step on R ft crossed in front of L (1), step on L ft in place (2), step on R ft to R (3), stamp L ft next to R, no wt (4), step on L ft to L (5), stamp on R ft next to L, no wt (6).
- 10 Repeat meas 1

## III. SECOND BREAK - LONG

- 9 Repeat meas 9 of first break.
- 10 Facing ctr and moving twd ctr: step fwd on R ft (1), touch L heel diag L (2), touch L heel fwd (3), touch L heel diag L (4), touch L heel fwd (5), lift R heel from floor as L knee lifts in front (6).
- 11 Repeat meas 10, Fig III w opp ftwk
- 12 Dancing in place: Step on R ft in front of L (1), step on L ft in place (2), step on R ft to R (3), step on L ft in front of R (4), step on R ft in place (5), lift R heel off floor as L

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	knee lifts in front (6).
13	Facing ctr and moving bkwds away from ctr: Step bkwds on L ft (1), lift L heel off floor as R ft moves bkwds (2), step bkwds on R ft (3), lift R heel off floor as L ft moves bkwds (4), step bkwds on L ft (5), lift L heel off floor as R ft moves bkwds (6),
14	Repeat meas 12.
15	Repeat meas 13.

Sequence: Fig I, II, I, III, I, II, I, III .....

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